

## **REPORT ON INTERNATIONAL WOMEN'S DAY PROGRAM**

### **Organized by:**

Department of Clinical Psychology, School of Rehabilitation and Behavioral Sciences, Aarupadai Veedu Medical College.

**Date: 10th March 2025**

### **OVERVIEW:**

On behalf of Silver Jubilee celebration of Vinayaga Mission Research Foundation, Department of Clinical Psychology and Institution Innovation cell has successfully organized the 'International Women's Day 2025 celebration' on 10th March 2025. The event was designed to emphasize the importance of gender equality and to acknowledge the contributions of both men and women in creating a balanced society.

### **PROGRAM STRUCTURE:**

#### **Morning Session: Competitions and Activities**

The celebration commenced with various engaging competitions aimed at fostering creativity and inclusivity. The competitions included:

- Mehendi Art
- Face Painting
- Fireless Cooking (Exclusively for Men)

These activities encouraged participation from different groups and highlighted the importance of breaking gender stereotypes.

#### **Afternoon Session: Chief Guest Address and Prize Distribution**

The afternoon session was graced by the esteemed presence of the **Chief guest, Dr. Rachna Singh, Superintendent of Police**. She delivered an enlightening speech on the significance of women voicing their concerns and developing a strong mentality to combat injustice. Her powerful words

resonated with the audience, especially women, inspiring them to stand up for their rights and empowerment.

Following the speech, the winners of the competitions were awarded prizes, recognizing their enthusiasm and participation. Additionally, as a token of appreciation, the janitors of the School of Rehabilitation and Behavioral Sciences (SRBS) were presented with special gifts to acknowledge their dedicated service and care.

The program concluded on a serene note with the National Anthem, marking the end of a meaningful and inspiring day dedicated to celebrating women's empowerment and gender equality.

The event was a resounding success, leaving a lasting impact on all participants and reinforcing the importance of gender inclusivity in society.

