

World Alzheimer's Day was 21st September 2024. It was organised by the Department of Clinical Psychology, SRBS, AVMC&H, Puducherry on 20th September 2024 in collaboration with Help-Age India, Tamaraikulam Elder Village, Cuddalore.

Under the leadership of Dr E. Sambandam, Associate Professor and Head of the Department of Clinical Psychology, the initiative was meticulously coordinated by Ms G. Aruna Kumari, Assistant Professor, Mr. R. Ajeeth Kumar, Assistant Professor, and Ms TM. Divya Barathi, Lecturer. Their collective efforts aimed to raise awareness about Alzheimer's disease and support the elder community at Helpline India's.

Our team administered comprehensive neurocognitive assessment for the elderly residents, helping to identify cognitive impairments and provide insights into their Positive mental health. This hands-on experience not only fostered a sense of connection between the students, staff, and elderly individuals but also contributed to the ongoing dialogue about dementia care and the importance of early detection. Overall, the event highlighted the commitment of the Dept of Clinical Psychology, SRBS.

The dedicated involvement of the Clinical Psychology faculty and students ensured that the event was informative and compassionate, fostering meaningful interactions with the residents. Following this, a neurocognitive assessment was conducted, with plans for further cognitive retraining in the future. The success of the event was clear from the smiles and appreciation shown by the elderly residents, underscoring the positive effect and initiative had on their psychological well-being.



