



## Report on Hypnosis Webinar

**Organized by Department of Clinical Psychology, School of Rehabilitation and Behavioural Science, AVMC&H**

**Date & Time:** Wednesday, September 24, 2025 | 2:30 PM – 4:30 PM

### **Resource Person:**

- *Dr. Zuhrah Beevi*, Consultant Psychologist & Clinical Hypnotherapist

Dr. Zuhrah Beevi is a highly experienced Consultant Psychologist and Clinical Hypnotherapist with more than 15 years of therapeutic practice and two decades of academic involvement as a Psychology lecturer. She has expertise in behavioural psychology, trauma work, and clinical hypnotherapy, integrating these approaches in her practice. Dr. Zuhrah is also a renowned trainer and speaker, delivering keynote talks, workshops, and training sessions for diverse audiences, including educational, clinical, and corporate groups.

In her address, Dr. Zuhrah emphasized the role of hypnotherapy in trauma management, behavioural change, and clinical practice. She shared practical techniques, case illustrations, and engaged the participants in interactive discussions, making the session highly informative and practice-oriented.

### **Programme Details:**

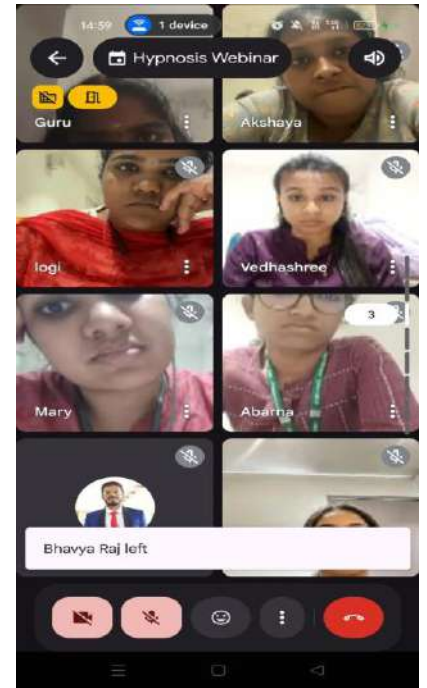
- **Welcome Address:** Dr. Saravanan, HoD, Department of Clinical Psychology
- **Event Coordinator:** Dr. Sivakumar
- **Vote of Thanks:** Delivered by Ms. Surya and Ms. Achiya

### **Participants:**

- Faculty Members – 9
- M.Phil. Clinical Psychology (I & II year + old batch) – 24
- M.Sc. Clinical Psychology (I & II year + old batch) – 32
- B.Sc. Clinical Psychology – 14

**Total Participants: 79**





**Feedback:**

The webinar was very well-received by all attendees. Participants appreciated the clarity of Dr. Zuhrah’s presentation and her ability to connect theory with clinical practice. The session was reported as highly useful, interactive, and enriching, contributing significantly to the academic and professional growth of the students and faculty.

**Conclusion:**

The webinar on *Hypnosis* successfully enhanced the participants’ knowledge and skills in clinical hypnotherapy.